# Allee pits in metapopulations: critical dispersal rates for connectivity to be beneficial

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#### Abstract

Habitat fragmentation divides populations into smaller subpopulations. At the 11 same time, the Allee effect reduces the growth and thereby the viability of 12 small populations. Hence, habitat fragmentation and the Allee effect can syn-13 ergistically amplify negative impacts on spatially distributed populations. To 14 support endangered populations, management and conservation strategies aim to 15 improve connectivity between subpopulations by creating corridors and stepping 16 stones, for instance. This study investigates how enhanced connectivity (strength 17 of connections between subpopulations in terms of dispersal rate) influences a 18 fragmented population subject to the Allee effect. Using a generic two-patch 19 discrete-time model with a positively density-dependent growth function, we 20 21 study the impact of connectivity on the asymptotic total population size through simulations. Due to the Allee effect, low connectivity can lead to a decline in the 22 asymptotic total population size, which we call the Allee pit. However, increased 23 connectivity facilitates the rescue effect, wherein a persistent subpopulation in 24 one patch can save an extinction-prone subpopulation in another patch. We 25 find that for connectivity to benefit the asymptotic total population size, dis-26 persal must be sufficiently large to push the smaller subpopulation above its 27 Allee threshold. If dispersal is below this critical dispersal rate, there remains a 28 detrimental effect on the asymptotic total populations size. Therefore, this study 29 implies that conservation strategies should not only aim to increase connectiv-30 ity in fragmented populations subject to Allee effects but also ensure that the 31 critical dispersal rate is surpassed. 32

**Keywords:** spatial fragmentation, two-patch model, connectivity, Allee effect, total population size, rescue effect

# **1** Introduction

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Fragmentation of land and sea due to human activities stands as a paramount chal-36 lenge in biodiversity conservation efforts, as highlighted by the Intergovernmental 37 Science-Policy Platform on Biodiversity and Ecosystem Services (IPBES, 2019). In 38 contrast to the negative density-dependence arising from competition, positive density-39 dependence — the well known Allee effect — puts small populations under pressure 40 and makes them more extinction prone (Courchamp et al, 2008). As habitat fragmen-41 tation splits up populations in smaller subpopulations, the Allee effect can reinforce 42 negative consequences of fragmentation. 43

Mechanisms like mate-finding difficulties or predation can cause an Allee effect 44 (Dennis, 1989; Schreiber, 2003; Gascoigne et al, 2009; Kramer et al, 2009). For 45 instance, the mate-finding Allee effect describes a decrease of mating opportunities 46 with decreasing population densities. Especially for individuals of a small population 47 this mating difficulty and lacking cooperation opportunities are a disadvantage that 48 can make a population not viable. The Allee effect is therefore of high relevance for 49 extinction research (Courchamp et al, 1999). If a subpopulation with an Allee effect 50 is connected to other patches by dispersal, immigrants from another patch might sup-51 port the local population on the one hand. On the other hand, the immigrants may 52 be exposed to an increased risk of extinction due to the Allee effect. This could lead 53 to a total net loss of individuals in the metapopulation and even increase its vulner-54 ability. Consequently, the Allee effect can make it more likely to reinforce negative 55 consequences of fragmentation. Increasing dispersal in such a situation can intensify 56 this negative effect on the total population. 57

This is a fundamental issue because many conservation efforts aim at increas-58 ing connectivity to enhance reproductive success and potentially reducing the risk of 59 extinction (Tewksbury et al, 2002; Fahrig, 2002), and promoting dispersal, e.g., via 60 corridors over highways, stepping stones, or flowering edges of cultivated land (Turner 61 et al, 2001; Soanes et al, 2024). While such measures are often perceived as 'benefi-62 cial', it is long recognized that they can come with disadvantages caused by several 63 factors (Simberloff and Cox, 1987; Haddad et al, 2014). For example, diseases, natural 64 enemies, invasive species and fire can spread more easily between patches when they 65 are more tightly coupled. Predators can adapt behaviorally and wait around corridors 66 for their prey, and connectivity can synchronize population dynamics and increase the 67 chance of extinction (Matter, 2001). 68

These insights naturally raise the question to which degree the interplay between enhanced connectivity and positive density dependence benefits or endangers a population in a fragmented habitat. Here, we aim to investigate the influence of the relationship between increased dispersal and the Allee effect on the asymptotic total population size.

This seems to have not been done so far, which is somewhat surprising as the Allee 74 effect has been extensively studied in patchy environments. In a discrete-time model 75 Vortkamp et al (2020) analyzed the effect of increased connectivity and a strong Allee 76 effect on population persistence and stability in a two-patch model with the Ricker 77 growth function, and in a continuous-time model Gyllenberg et al (1999) studied the 78 joint effect of symmetric dispersal and the Allee effect on the heterogeneity of popu-79 lation densities. Amarasekare (1998) studied dispersal and a strong Allee effect in two 80 patches and found that if one subpopulation size falls below the Allee threshold the 81 patch can be rescued by immigrants from the other patch that is above the threshold 82 (referred to as the *rescue effect*; also explored in e.g., Brown and Kodric-Brown, 1977; 83 Gotelli, 1991; Kang, 2013; Van Schmidt and Beissinger, 2020). Wang (2016) investi-84 gated the joint effect of dispersal and a strong Allee effect as well and stated that 85 there is an optimal dispersal rate at which migration to the 'better' patch is beneficial 86 for each individual, and above which migration is harmful to the whole species. More-87 over, the Allee effect was studied in two-patch models with respect to stability (Pal 88 and Samanta, 2018; Saha and Samanta, 2019; Chen et al, 2022), invasion and per-89 sistence (Maciel and Lutscher, 2015), synchrony (Kang and Armbruster, 2011), and 90 within more general patchy environments (Ferdy and Molofsky, 2002; Sato, 2009; Sun, 91 2016; Cronin et al, 2020), for example. 92

We tackle our research aim through simulations and numerical exploration. Here, we consider a discrete-time two-patch model that represents two subpopulations and we assume Beverton-Holt growth with an Allee effect. Focusing on spatial heterogeneity, we assume different intrinsic growth rates and carrying capacities for the two subpopulations.

Fahrig (2017) found in a literature review that fragmentation per se, i.e., the divi-98 sion of habitat into smaller patches without reducing the total habitat amount, has 99 been reported to have more positive than negative effects (in the sense of affect-100 ing population occurrence, abundance, species richness, or other ecological response 101 variables). This initiated a debate about the ecological consequences of habitat frag-102 mentation (Fletcher Jr et al, 2018; Fahrig et al, 2019; Miller-Rushing et al, 2019). More 103 recently, it has been shown that spatial heterogeneity can have detrimental effects as 104 well when certain relationships between intrinsic growth and the carrying capacity 105 (i.e., r-K relationships) are fulfilled (DeAngelis and Zhang, 2014; Arditi et al, 2015; 106 Zhang et al, 2017; DeAngelis et al, 2020; Vortkamp et al, 2022; Grumbach et al, 2023). 107

We build upon the classification of the effect of dispersal on the asymptotic total 108 population size into four qualitatively different so-called response scenarios (Grum-109 bach et al. 2023), see Fig. 1. When two connected patches achieve an asymptotic total 110 population size greater (lesser) than the combined carrying capacities of the individual 111 patches for all dispersal rate values, this outcome is termed a *beneficial (detrimental*, 112 respectively) effect of dispersal (and therefore of connectivity). The sum of the two car-113 rying capacities is the asymptotic total population size in the absence of dispersal and 114 therefore serves as the reference value for isolation in comparison with connectivity. 115

In this paper we will show that the inclusion of the Allee effect can introduce a critical dispersal rate below which dispersal has a detrimental effect while larger dispersal rates can have a beneficial effect on the asymptotic total population size due

to the rescue effect. The detrimental dip for small dispersal rates is later introduced as the *Allee pit*. We therefore detect and classify so far unknown response scenarios including the Allee pit, which we propose to call *pit response scenarios*. We also provide a mechanistic explanation of the new pit response scenarios and a biological interpretation of the emerging rescue effect across various parameter ranges.

### <sup>124</sup> 2 Setting the stage

### <sup>125</sup> 2.1 Model description

The simplest setting for a fragmented population can be modeled by a two-patch 126 system. There are two subpopulations A and B, and their population sizes are denoted 127 as  $N_{\mathrm{A},t}$  and  $N_{\mathrm{B},t}$  at time step  $t \in \mathbb{N}$  respectively. The asymptotic total population size 128 is the sum of the two asymptotic subpopulation sizes denoted by  $N_{\text{tot}} = N_{\text{A}}^* + N_{\text{B}}^*$ . 129 The two subpopulations are connected by dispersal with dispersal rate  $\delta$ , which for 130 simplicity is assumed to be symmetric in both patches, i.e.,  $\delta_{\rm A} = \delta_{\rm B} = \delta$ . We assume 131 the dispersal rate to be  $\delta \leq 0.5$ , i.e., the largest dispersal value leads to perfect mixing 132 of the two subpopulations. 133

<sup>134</sup> We consider the two-dimensional discrete-time model where reproduction  $f_i^{\theta}(N_{i,t})$ <sup>135</sup> in the individual patches i = A, B depends on the Allee effect strength  $\theta \in \mathbb{R}^+$  and is

136 taking place before dispersal:

$$N_{A,t+1} = (1 - \delta) f_{A}^{\theta}(N_{A,t}) + \delta f_{B}^{\theta}(N_{B,t}),$$
  

$$N_{B,t+1} = (1 - \delta) f_{B}^{\theta}(N_{B,t}) + \delta f_{A}^{\theta}(N_{A,t}).$$
(1)

<sup>137</sup> The growth functions read

$$f_{i}^{\theta}(N_{i,t}) = \frac{r_{i}N_{i,t}}{1 + \xi_{i}N_{i,t}} \cdot \frac{N_{i,t}}{N_{i,t} + \theta}, \quad i = A, B,$$
(2)

which consist of two parts. The first factor describes Beverton–Holt growth and the second factor describes the mate-finding Allee effect (Courchamp et al, 2008; Boukal and Berec, 2009) with Allee strength  $\theta$ , which describes the difficulty of finding mating partners. The parameters  $r_i \in \mathbb{R}^+$  are the intrinsic growth rates and  $\xi_i \in \mathbb{R}^+$  are the intraspecific competition strengths. From now on, when we use *i* in the subscript of subpopulation sizes and parameters, we always mean i = A, B.

In the absence of the Allee effect ( $\theta = 0$ ), the growth dynamics coincide with 144 the Beverton–Holt dynamics. In terms of the intraspecific competition strengths, the 145 carrying capacity of the Beverton–Holt function (i.e., the positive fixed point of  $f_i^0$ ) 146 can be expressed by  $K_i^{\rm BH} = \frac{r_i - 1}{\xi_i}$ . We proceed under the assumption that  $K_{\rm A}^{\rm BH} \leq K_{\rm B}^{\rm BH}$ , allowing us to refer to patch A as 'the smaller patch' and patch B as 'the larger patch'  $(K_{\rm A}^{\rm BH} \geq K_{\rm B}^{\rm BH}$  would symmetrically yield identical outcomes). If  $r_i > 1$ , both patches 147 148 149 approach their carrying capacity when being isolated. Contrarily, if  $r_i < 1$  each of the 150 subpopulations goes extinct in isolation. Therefore, in the absence of the Allee effect, 151  $r_i = 1$  is the threshold between long-term persistence and extinction. In presence of the 152

Allee effect this threshold increases, i.e., with increasing Allee strength the population growth rate needs to increase such that the population persists.

The Allee strength  $\theta$  is assumed to be symmetric in both patches (suppose that both subpopulations are biologically similar and therefore suffer the same mate-finding difficulties in case of low density). It influences the Beverton–Holt growth dynamics to have a positive density-dependence. For  $\theta > 0$ , a strong demographic Allee effect is induced, i.e., there is an Allee threshold below which the per-capita growth rate is smaller than one and the population goes extinct.

### <sup>161</sup> 2.2 Isolated patches with Allee effect

For a single population (i.e., both subpopulations in isolation) with growth dynamics (2) and an Allee effect strength  $\theta > 0$ , there are up to three equilibria. The two stable equilibria are zero and the carrying capacity  $K_{\rm A}$  or  $K_{\rm B}$ . They are separated by an unstable equilibrium which is the Allee threshold  $T_{\rm A}$  or  $T_{\rm B}$  (cf. Kang (2015) for a more general model). Population sizes below the Allee threshold decrease to extinction, while population sizes above the Allee threshold grow to the carrying capacity. The two nontrivial equilibria read

$$K_{i} = \frac{\alpha + \sqrt{\alpha^{2} - \beta}}{2(r_{i} - 1)},$$

$$T_{i} = \frac{\alpha - \sqrt{\alpha^{2} - \beta}}{2(r_{i} - 1)},$$
(3)

169 with

$$\alpha = (r_i - 1)(K_i^{\text{BH}} - \theta)$$
$$\beta = 4K_i^{\text{BH}}\theta(r_i - 1).$$

The carrying capacity and the Allee threshold exist if and only if the radicand of the square root is non-negative and the denominator is non-zero, i.e., if  $r_i \neq 1$ . The radicands of  $K_i$  and  $T_i$  coincide and therefore vanish for the same value of  $\theta$ , which is

$$\theta_{\mathrm{c},i} = K_i^{\mathrm{BH}} \frac{\sqrt{r_i} - 1}{\sqrt{r_i} + 1}.$$
(4)

<sup>173</sup> If  $\theta$  is greater than this critical value  $\theta_{c,i}$ , the radicand is negative and therefore the <sup>174</sup> nontrivial equilibria do not exist. In this case, the population goes extinct for all initial <sup>175</sup> conditions.

In the absence of the Allee effect (i.e., for  $\theta = 0$ ), the equilibrium subpopulation sizes  $K_i$  coincide with the respective carrying capacity parameters  $K_i^{\text{BH}}$  in the Beverton-Holt dynamics, provided  $r_i > 1$ . For increased Allee strength the asymptotic subpopulation sizes  $K_i$  decrease (note that the carrying capacity is approached only for initial conditions within this equilibrium's basin of attraction).



Fig. 1 The asymptotic total population size  $N_{\text{tot}}$  of two coupled patches without Allee effect ( $\theta = 0$ ) in terms of the dispersal rate  $\delta$  for four different response scenarios. A: (MB) monotonically beneficial, B: (UB) unimodally beneficial, C: (BTD) beneficial turning detrimental and D: (MD) monotonically detrimental. The dashed horizontal line corresponds to the sum of the two carrying capacities,  $K_{\rm A}^{\rm BH} + K_{\rm B}^{\rm BH}$ , which is the asymptotic total population in the absence of dispersal. It serves as the reference value.

### <sup>181</sup> 2.3 Connected patches without Allee effect

Before investigating the dynamics of the coupled model (1)-(2), we briefly outline the 182 impact of dispersal on the asymptotic total population size in the case  $\theta = 0$ , which 183 has been analyzed by Grumbach et al (2023). They give explicit parameter conditions 184 and a biological interpretation for four qualitatively different response scenarios (see 185 Fig. 1). In case of no dispersal the total population size  $N_{\text{tot}}$  approaches the sum of the two carrying capacities  $K_{\text{A}}^{\text{BH}} + K_{\text{B}}^{\text{BH}}$ , which is shown in a dashed horizontal 186 187 reference line in Fig. 1. The sum of the two carrying capacities serves as the reference 188 value to designate beneficial and detrimental effects of increasing dispersal rates on the 189 asymptotic total population. The four response scenarios can be briefly characterized 190 as follows: 191

(MB) In the monotonically beneficial response scenario the asymptotic total population size increases monotonically with increasing dispersal (see Fig. 1A).

- (UB) The scenario where increasing dispersal is consistently beneficial for the asymptotic total population size, albeit with decreasing benefit for high dispersal rates, is termed the "unimodally beneficial" response scenario (see Fig. 1B).
- (BTD) We speak of the *beneficial turning detrimental* response scenario if increasing dispersal has a beneficial effect on the asymptotic total population size for small dispersal, but a detrimental effect for larger dispersal (see Fig. 1C).
- (MD) If the asymptotic total population size monotonically decreases with increasing dispersal the response scenario is called *monotonically detrimental* (see Fig. 1D).

Mechanistically the scenarios differ mainly due to the patches' spatial heterogeneity (depending on  $r_i$  and  $K_i^{\text{BH}}$ ). In case of overcrowding in one of the patches (i.e., large growth rate and large competition) it is beneficial for the asymptotic total population size if many individuals disperse to the other patch in which they are subject to more relaxed conditions with less competition. In that case the less crowded patch

can absorb individuals like a sponge. By contrast, in case of a net flow from relaxed
conditions into a patch which is already overcrowded, the pressure on the entire population is even strengthened, which leads to a detrimental effect on the asymptotic total
population size. The analytic parameter ranges for these four response scenarios were
published in Grumbach et al (2023). Their results build on Franco and Ruiz-Herrera
(2015), Arditi et al (2015) and Gao and Lou (2022).

### 215 2.4 Connected patches with Allee effect

We now look at the dynamics of two connected patches with the Allee effect ( $\theta > 0$ ) as introduced in Eq. (1). In Section 2.1, we already pointed out that in isolation each subpopulation can have up to three equilibria, two of which are stable: the carrying capacity and population extinction. When connecting the two subpopulations, there are up to nine equilibria with quadristability.

Figure 2 shows the nullclines of the two subpopulations in the phase plane (cf. 221 Amarasekare, 1998). In Figure 2A we see that for  $\delta = 0$  the coupled system has 222 nine equilibria, which are all combinations of  $\{0, T_A, K_A\}$  and  $\{0, T_B, K_B\}$ . The 223 equilibrium subpopulation sizes are independent of the other subpopulation's size (as 224 they are not connected). The four stable equilibria of the coupled system are  $(K_A, K_B)$ , 225  $(K_{\rm A}, 0), (0, K_{\rm B}), \text{ and } (0, 0)$ . There is only one stable equilibrium of the coupled system 226 at which both subpopulations persist. In the following, we will refer to the coexistence 227 equilibrium  $(K_{\rm A}, K_{\rm B})$  as  $E_{\rm Coex}$ . 228

For increased  $\delta$  we see in Fig. 2B that there is still quadristability. The increased 229 dispersal rate induces that there are three stable equilibria at which both subpopula-230 tions survive. At the two additional coexistence equilibria (referred to as  $E_{\rm lowA}$  and 231  $E_{\rm lowB}$  for  $N_{\rm A}^*$  and  $N_{\rm B}^*$  close to zero, respectively), connectivity enables the larger sub-232 population to rescue the smaller subpopulation, which would go extinct in the absence 233 of dispersal. Even though the two additional coexistence equilibria  $E_{\text{lowA}}$  and  $E_{\text{lowB}}$  are 234 stable, they have a high sensitivity to external variations as one of the subpopulation 235 sizes is close to zero. 236

Figure 2C and 2E show the nullclines for slight variations of the parameters  $r_{\rm A}$  and 237  $K_{\rm A}^{\rm BH}$ . These parameter variations change the system to have seven equilibria (three of 238 which are stable) in Fig. 2C and five equilibria (two of which are stable) in Fig. 2E. 239 We see that the coupled system (for  $\delta > 0$ ) is highly sensitive to parameter changes. 240 An increased dispersal rate can change the system's dynamics and stable states in 241 different ways. In Fig. 2D and 2F we see the same parameter settings as in Fig. 2C 242 and 2E, respectively, but with an increased dispersal rate. In Fig. 2D the total number 243 of equilibria differs compared to Fig. 2C while the characteristics of the stable states 244 are unchanged. In Fig. 2F the coexistence equilibrium  $E_{\text{lowA}}$  disappears while  $E_{\text{Coex}}$ 245 appears in comparison to Fig. 2E. The total number of equilibria is unchanged. 246

In our following results we choose an initial condition  $N_{A,0} = N_{B,0} = 1$ , that always makes the system approach the stable equilibrium  $E_{\text{Coex}} = (K_A, K_B)$  if it exists. As Fig. 2E illustrates, there are settings in which the equilibrium  $E_{\text{Coex}}$  does not exist. In these situations our chosen initial condition approaches either one of the coexistence equilibria  $E_{\text{low}A}$  and  $E_{\text{low}B}$  or (0,0), depending on the parameter setting.



Fig. 2 The equilibria and their stability in the phase plane. The purple lines correspond to the nullclines of subpopulation A and the blue lines correspond to the nullclines of subpopulation B. The intersections of the two lines are the equilibrium states of the coupled system. The red points mark the stable equilibria. In panel A the patches are isolated, in panels B–E the patches are connected. Parameters:  $r_{\rm B} = 2.9$ ,  $K_{\rm B}^{\rm BH} = 1.9$  and  $\theta = 0.38$ . Additionally, we chose in A and D:  $r_{\rm A} = 2.9$ ,  $K_{\rm A}^{\rm BH} = 1.9$  with  $\delta = 0$  in A and  $\delta = 0.04$  in D; B and E:  $r_{\rm A} = 2.69$ ,  $K_{\rm A}^{\rm BH} = 1.69$  with  $\delta = 0.04$  in B and  $\delta = 0.052$  in E; C and F:  $r_{\rm A} = 2.49$ ,  $K_{\rm A}^{\rm BH} = 1.49$  with  $\delta = 0.04$  in C and  $\delta = 0.07$  in F.

# 252 **3 Results**

### <sup>253</sup> 3.1 Rescue effects and Allee pits

We now focus on the question to which degree the interplay between enhanced connectivity and the Allee effect benefits or diminishes the total population. Figure 3 shows the asymptotic subpopulation sizes as functions of the Allee strength and the asymptotic total population size as a function of the dispersal rate. First, we consider the effect of increasing Allee effect strength  $\theta$ .

Figure 3A shows the two asymptotic subpopulation sizes in isolation. As explained 259 in Sect. 2.4, for the chosen initial condition (1,1) the system approaches the stable 260 equilibrium  $E_{\text{Coex}} = (K_{\text{A}}, K_{\text{B}})$  for all Allee strengths smaller than each of the critical 261 values  $\theta_{c,i}$ , depicted in Fig. 3A. The critical Allee strength  $\theta_{c,i}$  is the bifurcation point 262 of the underlying saddle-node bifurcation for each subpopulation. As the Allee strength 263 increases, so does the Allee threshold, causing more initial conditions to approach 264 zero. For Allee strengths in between both critical Allee strength, i.e.,  $\theta_{c,A} < \theta <$ 265  $\theta_{\rm c,B}$ , subpopulation A is extinct for all initial conditions, while subpopulation B still 266 approaches its carrying capacity (as the initial condition's value for subpopulation B is 267 sufficiently large in patch B). Beyond the critical Allee strength  $\theta_{c,B}$ , global extinction 268 occurs for all initial conditions. 269

Increased connectivity facilitates rescue mechanisms which can enable the smaller patch to persist even for Allee strengths beyond  $\theta_{0,A}$  where it would go extinct in isolation. Figure 3B–3D show the rescue effect in different intensities depending on the degree of connectivity, i.e., the dispersal value  $\delta$ .

• In Fig. 3B we see that already very little connectivity ( $\delta = 0.015$ ) enables the larger patch B to help patch A to persist beyond the critical Allee strengths  $\theta_{c,A}$ , i.e., the left red vertical line. The rescue effect is not strong enough to prevent patch A from dying out for all Allee strengths but it delays the extinction (in terms of greater Allee strength).

• A little increase in connectivity, as shown in Fig. 3C ( $\delta = 0.075$ ), can prevent patch A from dying out before patch B dies out. Moreover, in this setting the subpopulation in patch A shrinks close to zero with increasing Allee strength and is therefore already at high risk of stochastic extinction for intermediate Allee strengths. Here, we remind the choice of the initial condition such that the equilibrium  $E_{\text{Coex}}$  is approached (explained in Sect. 2.4). Even for this choice, the Allee effect can put the subpopulations and therefore the total population under incressed risk of extinction.

• For further increased connectivity, as shown in Fig. 3D ( $\delta = 0.17$ ), the rescue effect prevents patch A from going extinct before patch B without high risk of stochastic extinction. The subpopulation sizes  $N_{\rm A}^*$  and  $N_{\rm B}^*$  come closer to each other while the Allee strength beyond which both subpopulations go extinct declines.

For Allee strengths just above  $\theta_{c,A}$  the total population takes big benefit from increasing connectivity and the resulting rescue effect. But the rescue effect also has its drawback. The larger the impact of the rescue effect on the smaller subpopulation, the lower the Allee strengths above which complete extinction of the total population occurs.



Fig. 3 The rescue effect and the Allee pit with their mechanisms. A–D: The diagrams show the asymptotic subpopulation sizes  $N_{\rm A}^*$  and  $N_{\rm B}^*$ , in purple and green respectively, for the initial condition (1, 1) in terms of the Allee effect strength  $\theta$  for different degrees of connectivity. The gray vertical lines indicate the  $\theta$ -values which are chosen for the diagrams in the panels E–K. The dashed red vertical lines correspond to the critical Allee strength  $\theta_{c,i}$ . E–K: The asymptotic total population size is plotted in terms of the dispersal rate  $\delta \in [0, 0.5]$ . The dashed grey line is the reference value, i.e., the sum of the two carrying capacities. With varying  $\theta$ , seven different (pit) response scenarios occur for this parameter setting, namely E: (MB) with  $\theta = 0.05$ , F: (pit–MB) with  $\theta = 0.165$  having a rather small Allee pit which may be hard to see, G: (pit–UB) with  $\theta = 0.33$ , H: (pit–BTD) with  $\theta = 0.371$ , J: (MD–Extinct) with  $\theta = 0.48$ , K: (Extinct) with  $\theta = 0.7$ . For all panels the parameters  $r_{\rm A} = 1.5$ ,  $r_{\rm B} = 3.5$ ,  $K_{\rm A}^{\rm BH} = 1$  and  $K_{\rm B}^{\rm BH} = 2$  are fixed.

The rescue effect induces new qualitative behaviors in the response scenarios. We 295 found six so far unknown response scenarios. The major novelty is what we call an 296 Allee pit. For small dispersal rates the asymptotic total population size falls below the 297 sum of the two carrying capacities (our reference value) while for dispersal rates greater 298 than a critical threshold ( $\delta_{\rm crit}$ ) the asymptotic total population size can increase again 299 beyond  $K_{\rm A} + K_{\rm B}$ . We refer to the new response scenarios which include an Allee pit as 300 pit response scenarios (pit-MB, pit-UB, pit-BTD, and pit-MD) (shown in Fig. 3F-301 3I). They closely correspond to the four response scenarios MB, UB, BTD, and MD 302 for  $\theta = 0$ , shown in Fig. 1. Moreover, a fifth and sixth new response scenario without 303 an Allee pit were detected. One is closely related to the response scenario MD. Here 304 the novelty is that for large dispersal rates the population goes extinct. In order to 305 have a clear distinction, we call this new response scenario MD-Extinct (shown in 306 Fig. 3J). Lastly, Extinct is the response scenario in which the population is extinct 307 for all dispersal rates (shown in Fig. 3K). Generally in Fig. 3E-3K, we see how the 308 response scenarios change with increasing Allee effect strength from the MB response 309 scenario over pit response scenarios to the Extinct response scenario. 310

The Allee pit induces that the connectivity of the two patches needs to be above a 311 critical value before the rescue effect can develop its beneficial impact on the asymp-312 totic total population size. In the pit response scenarios (see Fig. 3F-3I and the 313 referring vertical lines in Fig. 3A–3D), for very small dispersal rates the larger patch 314 only loses individuals as the number of dispersing individuals is not high enough to 315 push subpopulation A above its Allee threshold (vertical lines F, G, H and I in Fig. 3B). 316 If subpopulation size A is below its Allee threshold, subpopulation A goes extinct and 317 consequently there is no dispersal from patch A to patch B. Therefore, subpopulation 318 B has only emigrants and no immigrants and a net loss results for the total popu-319 lation size. This is the reason for the Allee pit. Enhanced connectivity increases the 320 number of dispersing individuals from B to A such that patch A can be rescued from 321 extinction (follow the vertical lines F, G, H, and I to Fig. 3C and 3D). As soon as the 322 rescue takes place, the total population size increases and can even increase beyond 323 the reference value  $K_{\rm A} + K_{\rm B}$  (in Figs. 3F, 3G, and 3H). The Allee pit is surpassed, and 324 the total population benefits from the rescue effect. Larger dispersal rates can reduce 325 the degree of benefit again or even cause drastic loss in population size and extinc-326 tion. Therefore, it highly depends on the Allee strength  $\theta$  whether it is beneficial or 327 detrimental to increase the dispersal rate  $\delta$ . 328

### 329 3.2 Impact of the Allee effect on the response scenarios

We now want to investigate how an increased Allee strength influences the resulting 330 (pit) response scenarios. In particular, we aim to understand for which Allee strengths 331 the Allee pit occurs, depending on habitat heterogeneity. Habitat heterogeneity can 332 be represented by different values of the two carrying capacities  $K_{\rm A}$  and  $K_{\rm B}$ , and the 333 two intrinsic growth rates  $r_{\rm A}$  and  $r_{\rm B}$ . Here, we fix  $K_{\rm A}$ ,  $K_{\rm B}$  and  $r_{\rm A}$  while varying  $r_{\rm B}$  to 334 obtain different degrees of heterogeneity. We therefore specifically investigate which 335 parameter combinations of the Allee strength  $\theta$  and habitat heterogeneity represented 336 by  $r_{\rm B}$  result in pit response scenarios. To explore this, we run numerical simulations 337 for a large range of  $\theta$  and  $r_{\rm B}$  values. The parameter regions for pit response scenarios 338

lie in the so called 'rescue regions' as the rescue effect is the underlying mechanism of 339 the pit response scenarios. We obtain two such rescue regions  $R_1$  and  $R_2$ , in which one 340 of the subpopulations rescues the other. Moreover, there is one region in which rescue 341 is not necessary as both subpopulations survive independently (P); and one region 342 where both subpopulations face total extinction (E). The results of our simulations 343 are shown in Fig. 4. The four regions are indicated in the inset in Fig. 4. Each color 344 indicates a distinct (pit) response scenario as indicated in the color bar. In order to 345 illustrate how to understand this figure, we can look at Fig. 3E–3K which correspond 346 to a horizontal cut through Fig. 4 for a fixed habitat heterogeneity, i.e., at  $r_{\rm B} = 3.5$ , 347 along all the occurring (pit) response scenarios when the Allee strength is increased. 348

First, we are interested in the parameter regions for which the rescue effect occurs. 349 For parameter combinations of  $\theta$  and  $r_{\rm B}$  for which only one of the two subpopulations 350 persists in isolation, the rescue effect occurs as soon as the two patches are connected. 351 Then, the rescue effect induces in many, but not all, cases an Allee pit. The rescue 352 regions encompass all parameter combinations where either patch A is extinct in 353 isolation and rescued by B, or vice versa. Therefore, the boundaries of the rescue 354 regions are given by the critical Allee strengths  $\theta_{c,i}$ . The rescue effect occurs if and 355 only if the Allee strength lies in between the two critical Allee strengths, i.e., for 356

$$\theta \in \begin{cases} (\theta_{c,A}, \theta_{c,B}), & \text{if } \theta_{c,A} < \theta_{c,B}, \\ (\theta_{c,B}, \theta_{c,A}), & \text{if } \theta_{c,B} < \theta_{c,A}, \end{cases}$$

where one subpopulation is extinct in isolation and the other subpopulation is viable. In Figure 4 the boundaries are plotted based on Eq. (4), reformulated in terms of  $r_{\rm B}$ . The dashed line indicates the critical Allee strength of patch A, which is independent of  $r_{\rm B}$  (and therefore a vertical line). The dashdotted line indicates the critical Allee strength of patch B, which is dependent on  $r_{\rm B}$  (and therefore a curve). As indicated in the inset in Fig. 4, these boundaries divide the diagram into the four regions:

- P persistence of both patches,
- $R_1$  rescue region,
- $R_2$  inverse rescue region,
- E extinction of both patches.

In addition to the two regions P and E, in this section we focus on the upper right rescue region  $R_1$  in which the larger patch B rescues the smaller patch A. The rescue region  $R_2$  in which the parameter values result in an *inverse rescue effect*, i.e., the smaller patch A rescues the larger patch B, is explained in Appendix B.

Region P encompasses parameter combinations for which patches A and B both persist in isolation and therefore the total population asymptotically persists. For  $\theta = 0$ , the parameter ranges for the four different response scenarios can be found analytically (Grumbach et al, 2023). For enhanced Allee strength ( $\theta > 0$ ) the parameter region of the response scenario UB widens. The threshold value of  $r_{\rm B}$  to the response scenario MB increases and the threshold value to the response scenarios BTD decreases. The parameter region of the response scenario MD shrinks. For Allee

strengths very close to  $\theta_{c,A}$ , also the parameter region of the response scenario BTD drastically shrinks, which may be hard to see in Fig. 4. Parameter combinations for which both subpopulations go extinct in isolation and therefore the entire population dies out, i.e., the response scenario Extinct, are part of region E.



Fig. 4 The response scenarios for parameter combinations of the Allee strength  $\theta$  and the growth rate  $r_{\rm B}$ . Each color refers to one of the scenarios as indicated in the colorbar on the right side. The dashed and dashdotted lines coincide with the bifurcation points for the isolated subpopulations, i.e.,  $\theta_{0,\rm A}$  and  $\theta_{0,\rm B}$ , respectively, as given in Eq. (4). Schematically, the bifurcation curves are boundaries between the four regions P,  $R_1$ ,  $R_2$ , and E as shown in the inset. The parameters  $r_{\rm A} = 1.5$ ,  $K_{\rm A}^{\rm BH} = 1$  and  $K_{\rm B}^{\rm BH} = 2$  are fixed. The method utilized to generate this figure is outlined in Appendix A.1. A zoom into the lower left corner, i.e., region  $R_2$ , can be found in Fig. A2 in Appendix A.

The rescue region  $R_1$  encompasses the parameter region for which subpopulation 383 A would be extinct in isolation. Connectivity can facilitate subpopulation B to rescue 384 subpopulation A from extinction. The mechanism was explained in Sect. 3.1. The left 385 boundary of  $R_1$  is the critical Allee strength of patch A. This is the threshold at which 386 the response scenarios without an Allee pit change to pit response scenarios. At this 387 threshold MB switches to pit-MB, UB switches to pit-UB, and BTD switches to pit-388 BTD. The system changes from having five equilibria with three stable states to having 389 three equilibia with only two stable states. The stable state which may disappear for 390

increased  $\theta$  is the coexistence equilibrium  $E_{\text{Coex}} = (K_{\text{A}}, K_{\text{B}})$ . Therefore, for small 391 dispersal rates individuals from patch B move into patch A, where the subpopulation 392 lies below its Allee threshold, which causes the Allee pit. Increased connectivity enables 393 sufficiently many individuals to disperse into patch A such that the subpopulation size 394 grows beyond the Allee threshold, the stable state  $E_{\text{Coex}}$  appears, and therefore both 395 subpopulations coexist at a larger population size. This mechanism can be seen in the 396 change of the existence of equilibria from Fig. 2E to 2F. For values of  $\theta$  very close to 397 the left boundary of  $R_1$  the Allee pit is extremely narrow and shallow (cf. Fig. 5), i.e., 398 connectivity 'immediately' (for an extremely small dispersal rate) rescues the extinct 399 subpopulation. 400

At the right boundary of  $R_1$  for Allee strengths below the critical value  $\theta_{0,B}$  the response scenario does not include an Allee pit. The conditions in both patches are highly vulnerable. The larger patch can avoid immediate extinction for small dispersal rates but cannot avoid extinction for greater dispersal rates. Therefore we obtain the MD-Extinct response scenario.

In the transition from P to  $R_1$  and then to E, we discover that an increasing Allee strength increases the pressure on the total population. This pressure results in a change of response scenarios from beneficial ones to highly detrimental ones and even to extinction. A closer look at the width and depth of the Allee pit helps us to understand how the qualitatively similar response scenarios in one color segment of Fig. 4 differ in their potential consequences.

### <sup>412</sup> 3.3 The width and depth of Allee pits

We already highlighted that the asymptotic total population size in isolation, i.e., 413  $K_{\rm A} + K_{\rm B}$ , decreases with increasing Allee strength  $\theta$ . This pressure on the population 414 might make a metapopulation even more prone to extinction. Especially the Allee pit 415 can potentially further decrease a population size drastically close to zero or the Allee 416 threshold such that small perturbations in external factors could drive a population to 417 extinction. This risk of extinction can be diminished by increasing the dispersal rate 418 beyond the critical dispersal rate  $\delta_{\rm crit}$  above which connectivity is beneficial. Therefore, 419 we want to have a closer look at the width of Allee pits (which we define the distance 420 between zero and the critical dispersal rate) and the depth of Allee pits (which we 421 define the absolute difference between the sum of the two carrying capacities and the 422 local minimum of the asymptotic total population size). We understand the depth of 423 the Allee pit as a measure of the stochastic extinction probability. 424

The shapes of Allee pits vary a lot depending on the parameter values. They mainly 425 differ in their width and depth as illustrated in Fig. 5. In Fig. 5A the pit is narrow 426 and shallow which means the critical dispersal rate is very small and little risk comes 427 along with the Allee pit. In contrast, in Fig. 5B the Allee pit is also very narrow but 428 deep and therefore the population declines locally close to zero (or potentially to the 429 Allee threshold). In Fig. 5C the Allee pit is very shallow but wide. The induced risk 430 of stochastic extinction is rather low but the total population is less likely to benefit 431 from increased connectivity. Figure 5D shows an Allee pit which is deep and wide. It 432 induces a high risk of stochastic extinction which can only be diminished by drastically 433 increasing connectivity. 434



Fig. 5 Different shapes of Allee pits. They differ in width and depth and therefore in their critical dispersal rates  $\delta_{\rm crit}$  and risks of extinction (the distance from zero to the local minimum indicated by a red circle). The depth of the Allee pit varies in the four panels from shallow (left panels, indicated by thin and short red arrows) to deep (right panels, indicated by thick and long red arrows). The width of the Allee pit varies in the four panels from narrow (upper panels, indicated by thin and short purple arrows) to wide (lower panels, indicated by thick and long purple arrows).

Figure 6 shows the critical dispersal rate and the minimum asymptotic total population size of the Allee pits occuring in the pit response scenarios across a large range of parameter combinations of  $\theta$  and  $r_{\rm B}$ . The method utilized to generate this figure is outlined in Appendix A.2. Figure 6A focuses on the width of the Allee pit. The greater the Allee strength  $\theta$  the larger the critical dispersal rate and therefore the wider the Allee pit. Within both rescue regions  $R_1$  and  $R_2$  (cf. Fig. 4), larger  $r_{\rm B}$  values have a larger maximal width (indicated by a darker coloring) with increasing Allee strength.

In Figure 6B we see that for increased Allee strength  $\theta$  the minimum population 442 size decreases and therefore the Allee pit gets deeper. For parameter combinations 443 close to the intersection of the region boundaries  $\theta_{0,A}$  and  $\theta_{0,B}$  the minimum takes 444 lower values. Approaching the intersection, both patches get closer to their bifurcation 445 points, i.e., close to extiction. This explains why the depth and width of the Allee pit 446 increases (a lot) in a small neighborhood of the intersection. Especially for parameter 447 combinations in  $R_2$  the minimum is very close to zero, which induces an increased 448 risk of extinction for the total population. We can infer that situations in which the 449 smaller patch rescues the larger patch potentially generate a severe risk of extinction. 450



Fig. 6 Width and depth of Allee pits. A: The critical dispersal rate which corresponds to the width of the Allee pit. B: The minimum asymptotic total population size which corresponds to the depth of the Allee pit. The plots are generated only in parameter regions in which pit response scenarios occur; other parameter regions are shown in white. In both panels the dashed and dashdotted lines coincide with the boundaries  $\theta_{0,A}$  and  $\theta_{0,B}$  in Fig. 4. We fixed  $r_A = 1.5$ ,  $K_A^{BH} = 1$  and  $K_B^{BH} = 2$ .

# 451 4 Discussion and Conclusions

We found that the mate-finding Allee effect in two connected patches can induce an 452 Allee pit. The existence of the Allee pit signifies that mild or moderate increases 453 in connectivity are detrimental, i.e. the asymptotic total population size decreases 454 with increasing dispersal rate when the latter is low. This means that the Allee effect 455 is another (and novel) mechanism where a stronger coupling between patches can 456 be disadvantageous. The Allee pit can be 'dangerous' for a population as it may 457 decrease the total population size drastically for certain degrees of connectivity. This is 458 especially the case when the larger patch gets vulnerable and extinction prone (evident 459 for parameter combinations in region  $R_2$  in Fig. 6). 460

The difference between the pit response scenarios and other response scenarios is 461 the Allee pit. It emerges from the 'attempt' of the larger patch to rescue the smaller 462 one which results, for too little connectivity, in a loss of individuals for the total pop-463 ulation. Individuals die after dispersing as the subpopulation size is still below the 464 Allee threshold. That causes the Allee pit for small dispersal. Enhanced connectivity 465 466 facilitates the occurrence of the rescue effect which can reestablish an extinct subpopulation, resulting in overcoming the Allee pit when a critical threshold of connectivity 467 is surpassed. For dispersal rates beyond that critical dispersal rate the subpopulations 468 grow above their Allee thresholds and total population then benefits from connec-469 tivity. The asymptotic total population size can increase beyond the sum of the two 470

carrying capacities and can thus turn from detrimental to beneficial. This could be 471 an important point of orientation for conservation management, as the latter should 472 increase connectivity to dispersal rates beyond those critical values. This would make 473 sure that the connectivity is large enough to enable the population to gain from the 474 rescue effect rather than suffering under the Allee pit risks. Apart from the Allee 475 pit, the biological mechanisms behind the four pit response scenarios are qualitatively 476 similar to the ones of the response scenarios MB, UB, BTD, and MD, respectively 477 described in Grumbach et al (2023). 478

Two further response scenarios have been identified in this study: MD-Extinct and 479 Extinct. In MD–Extinct, the asymptotic total population size decreases with increased 480 connectivity, akin to MD, and goes extinct for large dispersal rates. This is because 481 for some dispersal rates, one or both asymptotic subpopulation sizes fall below their 482 Allee thresholds and therefore (sub-)population extinction occurs. If both subpopu-483 lation sizes remain above their Allee thresholds, the response scenario reverts to MD 484 instead of MD-Extinct. This emphasizes once again that the Allee effect is particu-485 larly dangerous for small and declining populations. The Extinct response scenario 486 only occurs when the Allee strength exceeds the critical Allee strengths of both sub-487 populations, resulting in extinction for both subpopulations in isolation as well as for 488 all levels of connectivity. 489

Throughout this paper we looked at the rescue of one patch in which the sub-490 population is extinct in isolation by another viable patch. Our framework can be 491 biologically interpreted and applied in other contexts as well. The viable subpopula-492 tion can, for example, be understood as an invasive species which attempts to invade 493 a new patch. In this setting the other subpopulation is zero, as the invasive species 494 does not yet inhabit this patch. The Allee pit signifies a loss of individuals attempt-495 ing to invade while for dispersal rates beyond the critical dispersal rate the invasive 496 species can establish in the new patch. 497

It is interesting to look at circumstances under which Allee pits and the rescue effect occur. Figure 4 suggests that the range of Allee strengths  $\theta$  inducing an Allee pit in region  $R_1$  expands with  $r_B$ . Biological explanations for this might be that a larger growth rate in subpopulation B enables the subpopulation to reproduce faster. Therefore, it can rescue the other subpopulation A even for stronger Allee effects before the pressure of the Allee effect induces extinction. For other parameter settings we obtained a similar result.

Within the rescue region, the thresholds between the pit response scenarios were not described analytically here but obtained by numerical simulations. The explicit determination of these thresholds remains an open problem for future research. The analytical description of the critical dispersal rate remains an open question as well.

The coupled system which was investigated in this study can have up to nine equilibria, of which up to four are stable. For our numerical simulations we chose an ininitial condition from the basin of attraction of the coexistence equilibrium  $E_{\text{Coex}} =$  $(K_{\text{A}}, K_{\text{B}})$ . In conservation ecology we are mostly interested in the highest chance of persistence for all subpopulations. As we saw in our results even the coexistence equilibrium  $E_{\text{Coex}}$  may be exposed to a high risk of extinction due to the Allee effect. With a different choice of initial conditions than the chosen one throughout this paper,

different stable equilibria would be approached. Given that the other equilibria are characterized by smaller (sub)population sizes, populations are at risk of extinction at lower Allee strength levels compared to the equilibrium  $E_{\text{Coex}}$ . While the results are expected to be comparable, other initial conditions could lead to narrower rescue regions and pits, potentially increasing the risk of stochastic extinction across a wider parameter range.

In this study the mate-finding Allee effect was considered. Among various forms 522 of Allee effects, including those driven by predation or phenomenological factors, the 523 mate-finding Allee effect stands out as one of the most frequently observed phenom-524 ena in empirical studies (Courchamp et al, 2008; Kramer et al, 2009). Results may 525 be expected to hold qualitatively also for other forms of Allee effects, such as the 526 predation-driven Allee effect. We assumed that the mate-finding Allee effect occurs 527 symmetrically and independently within each patch. Nevertheless, it is an interesting 528 question for future work to assume the Allee effect to occur in only one of the patches 529 and how fragmentation complicates mate finding across (and not only within) different 530 patches. 531

The term 'critical dispersal rate' has been used in various contexts in the literature 532 and can refer to different phenomena. For instance, Vortkamp et al (2022) consider 533 the BTD response scenario and define the critical dispersal rate as the smallest disper-534 sal rate at which the asymptotic total population size falls below the reference value. 535 Thus, their critical dispersal rate delineates a transition from a beneficial to a detri-536 mental effect. Critical dispersal rates that mark a similar transition from positive to 537 negative outcomes, e.g., from survival to extinction, have been found when dispersal 538 is costly (Kirkland et al. 2006) or from suitable habitats to hostile environments as in 539 the KiSS model (Kierstead and Slobodkin, 1953; Skellam, 1951), see Ryabov and Bla-540 sius (2008) for a review. By contrast, our critical dispersal rate describes a transition 541 from negative to positive effects of increasing dispersal, as it identifies the dispersal 542 rate at which the detrimental Allee pit switches to a beneficial effect. Similar positive 543 effects of increased dispersal have been observed in patch occupancy models when a 544 metapopulation is to balance local extinction by recolonization (Levins, 1969) or in 545 spatially explicit models when a single population is to track shifting climatic condi-546 tions (Potapov and Lewis, 2004; Leroux et al, 2013; Kerr, 2020), prevent being washed 547 out in advective environments such as streams and rivers (Speirs and Gurney, 2001; 548 Lutscher et al, 2005; Hilker and Lewis, 2010), or avoid sinking in the vertical water 549 column (Shigesada and Okubo, 1981; Huisman et al, 2002). Vortkamp et al (2020) 550 found that dispersal can prevent essential extinction in coupled patches with Allee 551 thresholds and overcompensation. 552

In the context of conservation and landscape planning, the question of which man-553 agement strategies are the most effective often centers on identifying and promoting 554 optimal network structures (e.g., Watts et al, 2009; DeAngelis et al, 2021). However, 555 'optimal' can be understood in various ways: in terms of maximizing biomass (e.g., 556 Gadgil, 1971; Freedman and Waltman, 1977; DeAngelis et al, 1979; Vance, 1980; Holt, 557 1985; Arditi et al, 2015; Franco and Ruiz-Herrera, 2015; Zhang et al, 2017; Grumbach 558 et al, 2023), enhancing growth rates (e.g., Nguyen et al, 2023), ensuring evolutionary 559 stability (e.g., Kirkland et al, 2006), or determining the ideal spacing between habitat 560

patches in presence of disturbances (e.g., White et al, 2021; Crespo-Miguel et al, 2022). 561 The work of White et al (2021) emphasizes the trade-off between disturbance impacts 562 and successful dispersal for recolonization, concluding that intermediate patch spac-563 ing (translating into intermediate dispersal) is optimal. Also in our results there are 564 scenarios in which intermediate dispersal rates maximize the asymptotic total popu-565 lation size, namely BTD and pit–BTD. But the crucial point in our findings is the 566 existence of a *critical* dispersal rate; if not exceeded, small increases in dispersal can 567 lead to worse outcomes rather than improvements, suggesting that no management 568 is better than poor management. The critical dispersal rate emerges solely through 569 spatial heterogeneity and the Allee effect, even in the absence of disturbances and 570 distance-dependent dispersal success. This underlines the importance of considering 571 life-history trade-offs in the context of Allee effects, which can play a crucial role in 572 determining the best management strategies, where avoiding worsening the situation 573 could be more critical than finding the optimal solution. 574

In summary, our study underlines the pivotal role of connectivity and the Allee 575 effect in shaping population dynamics in fragmented habitats. We found that low 576 connectivity can lead to population declines in form of Allee pits, while enhanced con-577 nectivity facilitates the rescue effect, mitigating extinction risks. Our results emphasize 578 the importance of achieving dispersal rates above a critical threshold to maximize the 579 benefits of connectivity for population persistence. Overall, these findings offer funda-580 mental and potentially valuable insights for the development of effective conservation 581 strategies in fragmented landscapes. 582

### **Statements and Declarations**

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#### 596 Competing Interests

<sup>597</sup> The authors have no relevant financial or non-financial interests to disclose.

### 598 Author Contributions

<sup>599</sup> Formal analysis and investigation of the results: CG; Methodology: all authors; <sup>600</sup> Conceptualization and supervision: FMH; Writing – original draft preparation: CG;

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## <sup>605</sup> Appendix A Numerical methods

### <sup>606</sup> A.1 Methods for Figure 4

In the following we explain the numerical method which we utilized to generate Fig. 4. We solved Eq. (1) with the initial condition (1, 1), which lies in the basin of attraction of the equilibrium  $(K_A, K_B)$  if it exists, for 500 time steps. We repeated this for 300 equidistant dispersal rates  $\delta \in [0, 0.5]$ . We also did this for a large range of Allee strengths and growth rates in patch B, each with 180 equidistant values in the ranges shown in Fig 4. All other parameter values were fixed.

For each parameter combination of  $\theta$  and  $r_{\rm B}$ , and for each dispersal rate value, we saved the total population size, i.e., the sum of  $N_{\rm A}^*$  and  $N_{\rm B}^*$  in Eq. (1), after 500 time steps. We interpreted the total population size at the 500<sup>th</sup> time step as the asymptotic total population size  $N_{\rm tot}$ , to which we refer as the ATPS. We did not find any evidence for sustained oscillations.

As the respective reference value Ref for the ATPS, marking the transition between 618 beneficial and detrimental effects, we used the ATPS at  $\delta = 0$ , i.e.,  $K_{\rm A} + K_{\rm B}$ . For 619 each combination of  $\theta$  and  $r_{\rm B}$ , let ATPS( $\delta$ ) denote the ATPS for one of the discretized 620 dispersal rate values. ATPS ( $\delta_{max}$ ) is the ATPS at the largest dispersal rate value. 621 Then  $ATPS(\Delta\delta)$  is the ATPS at the smallest positive dispersal rate value, as  $\Delta\delta$  is the 622 step size of the dispersal rate discretization. The response scenarios for each parameter 623 combination of  $\theta$  and  $r_{\rm B}$  were detected and classified by four different criteria as 624 visualized in Fig. A1. 625

The first step of the classification is based on the slope of the ATPS at zero dispersal (cf. Fig. A1(I)). To this end, we compared the ATPS at the smallest positive dispersal rate to Ref. The ATPS( $\Delta\delta$ ) lies above Ref for the response scenarios MB, UB, and BTD. The ATPS( $\Delta\delta$ ) is equal to Ref in the response scenario Extinct; in this case, the ATPS is zero for all dispersal rates. The ATPS( $\Delta\delta$ ) lies below Ref for all pit response scenarios and the detrimental response scenarios (MD, MD–Extinct).

Second, we distinguished the two resulting groups of response scenarios by comparing the ATPS at the largest dispersal rate value, i.e.,  $ATPS(\delta_{max})$ , to *Ref* (cf. Fig. A1(II)). The response scenarios which have a beneficial effect for large dispersal rates are MB and UB with a positive slope in (I), and pit–MB and pit–UB with a negative slope in (I). The response scenarios which have a detrimental effect or lead to extinction for large dispersal rates are BTD with a positive slope in (I), and pit–BTD, pit–MD, MD, and MD–Extinct with a negative slope in (I).



Fig. A1 The decision tree for the classification of the response scenarios.  $ATPS(\Delta \delta)$  is the asymptotic total population size at the smallest positive dispersal rate.  $ATPS(\delta_{max})$  is the asymptotic total population size at the largest dispersal rate value. #SC is the count of the sign changes of the differences between the ATPS at consecutive dispersal rate values. The red symbols indicate the criteria (I)-(IV) in the small graphs, which sketch the ATPS as a function of the dispersal rate.

Third, we further distinguished the response scenarios based on the number of local 639 extrema of  $ATPS(\delta)$ . Therefore, we counted the number of changes in the slope of the 640 ATPS, which we calculated by comparing the signs of the differences between ATPSs 641 at consecutive dispersal rate values  $\delta_i$  and  $\delta_{i+1}$ , where  $i \in [0, 299]$  (cf. Fig. A1(III)). 642 This served to clearly distinguish between the response scenarios MB (zero extrema), 643 UB (one maximum), pit–MB (one minimum), and pit–UB (two extrema). This leaves 644 pit-BTD and pit-MD (each of which have two local extrema), and MD-Extinct and 645 MD (each of which have no local extrema), for which we used a further criterion. 646 Finally, by checking whether the ATPS at the largest dispersal rate value, 647

Finally, by checking whether the AIPS at the largest dispersal rate value, i.e.,  $\text{ATPS}(\delta_{\text{max}})$ , is positive or zero, we distinguished between pit-BTD (positive at largest dispersal rate), pit-MD (zero at largest dispersal rate), MD (positive at largest dispersal rate), and MD-Extinct (zero at largest dispersal rate) (cf. Fig. A1(IV)).

### <sup>651</sup> A.2 Methods for Figure 6

In the following we explain the numerical method which we utilized to generate Fig. 6.
To calculate the critical dispersal rate and the minimum ATPS for the four pit response
scenarios, we used the response scenario classification outlined in Appendix A.1.

As the critical dispersal rate we saved the dispersal rate value for which the difference between the ATPS and *Ref* (which is negative for small dispersal rates due to the Allee pit) is either zero or positive for the first time when increasing the discretized dispersal rate.

In order to determine the Allee pit minimum, we looked for the first change from a negative to a positive slope of the ATPS when increasing the discretized dispersal rate. We started from dispersal rate zero. As the minimum we saved the ATPS for the dispersal rate value for which the difference between two consecutive ATPSs is either zero or positive for the first time.



Fig. A2 The response scenarios in rescue region  $R_2$ , i.e., the inverse rescue effect, for parameter combinations of the Allee strength  $\theta$  and the growth rate  $r_{\rm B}$ . This is a zoom into the lower left corner of Fig. 4. Each color refers to one of the response scenarios as indicated in the colorbar. The dashed and dashdotted lines coincide with the boundaries in the inset of Fig. 4. The parameters  $r_{\rm A} = 1.5$ ,  $K_{\rm A}^{\rm BH} = 1$  and  $K_{\rm B}^{\rm BH} = 2$  are fixed.

# <sup>664</sup> Appendix B The inverse rescue effect

In Sect. 3.2 we closely looked at the change of the response scenarios for increasing Allee strength. We focused on the rescue region  $R_1$  in Fig. 4, in which the larger subpopulation B persists in isolation, while the smaller subpopulation A would die out in isolation. Therefore, in  $R_1$  patch B rescues patch A. Here, we briefly look at region  $R_2$  in which the *inverse rescue effect* occurs, i.e., 'the smaller' (in terms of  $K_i^{\text{BH}}$ ) subpopulation A survives in isolation and can rescue 'the larger' subpopulation B by increased connectivity.

Figure A2 shows the results of our numerical simulations zoomed in the parameter values of region  $R_2$ . In the absence of the Allee effect only the four response scenarios MB, UB, BTD, and MD occur. As soon as the Allee strength is greater than zero, we obtain the pit response scenarios due to the rescue effect in the rescue region  $R_2$ . For smaller  $r_2$ -values we still obtain the MD response scenario for small Allee strengths. For increased Allee strength the parameter combinations in rescue region  $R_2$  result in the MD-Extinct response scenario. Patch A can prevent patch B from immediate extinction for small dispersal but for larger dispersal the total population dies out.

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